



SURGICAL ASSOCIATES OF SOUTH FLORIDA, LLC
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Non-Surgical Orbera Gastric Balloon Weight- Loss

Patient's Name: _____ Today's Date: _____

Proposed Surgery Date: _____

Proposed Retrieval Date: _____

Procedure: Orbera Gastric Balloon

_____ Our Orbera Package is ~~\$8000~~ \$7000 and Includes:

Free initial consultation

- Weight monitoring (for 12 months)
- Multidisciplinary follow-up visits over the course of program
- In-Body Body Composition Analysis

How Does a Weight Loss Balloon Work?

ORBERA® is a weight loss balloon that offers new options to our weight loss patients. Never heard of a weight loss balloon? Many patients have not! This strategy is different from traditional weight loss surgery, which typically restricts stomach size or reroutes the digestive system.

ORBERA is a balloon made of soft silicone that is placed inside the stomach. Once filled with a sterile saline solution, the balloon inflates, taking up space inside the stomach. The inflated balloon slows digestion and improves portion control. Because you have less room in your stomach, you learn to eat less and feel full faster.

Advantages of ORBERA™

- The ORBERA™ system is a comprehensive program designed to not only help you lose weight, but also to maintain your weight loss.
- In a clinical study, patients who had the ORBERA™ treatment lost an average of 21.8 pounds after six months. Continued weight loss can be achieved with proper dietary and lifestyle adjustments once the gastric balloon is removed.
- The ORBERA™ system may help you lose three times the weight than could be accomplished with just diet and exercise.
- The procedure is non-surgical, can be performed as an outpatient, and does not require extensive recovery time.
- A majority of the weight loss should occur within the first three months after the procedure.



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Non-Surgical Weight Loss Balloon Benefits

One reason so many of our bariatric patients at Surgical Associates of South Florida choose to lose weight with ORBERA is that it's a non-surgical approach. No incisions. No stitches. No permanent devices or anatomical changes. Here are a few of the things our weight loss patients love most about ORBERA:

- Non-surgical
- No stitches or incisions of any kind
- Non-invasive
- Temporary (the balloon stays inside for only six months)
- Procedures takes just 20-30 minutes
- Faster recovery than weight loss surgery
- Triple the weight loss results of regular diet/exercise

Yes, there are other weight loss balloons. But, no other weight loss balloon has received safety and effectiveness recognition from the American Society for Gastrointestinal Endoscopy, and no other FDA-approved balloon has been shown to offer more weight loss in its U.S. clinical studies than ORBERA.*

Phase One: Placing the ORBERA Balloon

ORBERA balloon placement is a non-surgical procedure that takes just 20 to 30 minutes to complete. First, you receive mild sedation so that you are relaxed and comfortable during the brief procedure. A basic endoscopy is performed to ensure that there are no surprises and that the patient is indeed healthy enough to receive the balloon.

Next, with the help of a tiny camera, the physician gently guides the balloon down the esophagus and into the stomach. Once in place, the balloon is inflated with a sterile saline solution until it reaches the right size, which may vary from patient to patient. Generally, the ORBERA balloon is about the size of a grapefruit.

The First Six Months of Your ORBERA Weight Loss Journey

The first six months of the ORBERA program are challenging. The weight loss balloon only remains inside your stomach for these six months. Though these months are challenging, we strive to provide you with all the education and support necessary to ensure you thrive in this exciting new chapter of your life.

During this time, patients have regular in-person sessions with their treatment team, which consists of your surgeon, bariatric psychologist, and bariatric nurse. These experts will help you maximize the potential benefits of having the gastric balloon. Developing proper diet and exercise habits during these months (and staying committed to them after the balloon is removed) is what makes ORBERA patients successful.



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Removing the Weight Loss Balloon

This process is very similar to the ORBERA procedure you had earlier, except the balloon is coming out.

At this point, you are halfway through the program. It is critical that you continue to follow your diet and exercise plan in the months ahead. Continue meeting with all the members of your weight loss team, and keep the lines of communication open! Your team has your back. If you have a question or need, just ask.

ORBERA Facts

- The average patient loses 3.1x more weight with ORBERA compared to just diet and exercise.*
- ORBERA is the worldwide leader in gastric balloons.
- Over 220,000 of these weight loss balloons have been distributed around the globe.
- FDA approved
- 20+ years of use in 80+ countries

Make Diet & Exercise Work for You

Many individuals who struggle with their weight find that diets leave them hungry. This is a major source of challenge and frustration, which often results in giving up the diet altogether. With a weight loss balloon in the stomach, you experience fullness with less food!

Our weight loss patients who have found exercise difficult now see physical activity in a new light with ORBERA. Once the balloon is in place and you begin to lose weight, you may also find that physical activity is easier to do – and that you're more motivated to do it!

- No Surgery. Little Downtime. Real Weight Loss Results.

You may qualify for ORBERA if you:

- Are 18 or older
- Have a BMI of 30 to 40
- Are willing to participate in a medically-supervised program

If you are interested in learning more, please call us for a complementary consultation with our fellowship trained bariatric surgeon, Dr. Keshavarzi at 786-701-3295.